

APEX

SKATING ACADEMY

LOCATION

TUESDAYS		WEDNESDAYS		THURSDAYS		FRIDAYS		SATURDAYS		SUNDAYS	
				02-May	Paradise	03-May	Robert French	04-May	Robert French	05-May	Robert French
07-May	Paradise	08-May	Paradise (4-6pm)	09-May	No Skating	10-May	Robert French	11-May	Robert French	12-May	Robert French
14-May	Paradise	15-May	CBS Arena	16-May	CBS Arena	17-May	CBS Arena	18-May	CBS Arena	19-May	CBS Arena
21-May	Paradise	22-May	Robert French	23-May	Robert French	24-May	Robert French	25-May	Robert French	26-May	CBS Arena
28-May	Paradise	29-May	CBS Arena	30-May	CBS Arena	31-May	CBS Arena	01-Jun	CBS Arena	02-Jun	CBS Arena
04-Jun	Paradise	05-Jun	CBS Arena	06-Jun	CBS Arena	07-Jun	CBS Arena	08-Jun	CBS Arena	09-Jun	CBS Arena
11-Jun	Paradise	12-Jun	CBS Arena	13-Jun	CBS Arena						

SCHEDULE

TUESDAYS		WEDNESDAYS		THURSDAYS		FRIDAYS		SATURDAYS		SUNDAYS	
3:30-4:00	Int Jump Dev	3:30-4:00	Boys/Pair/Dance	3:30-4:00	Sr Jump Dev	5:00-5:55	Sr FreeSkate	9:00-9:50	Sr FreeSkate 1	8:30-9:00	Boys/Pairs/Dance
4:00-4:20	Int Skills/Dance	4:00-4:20	Jr/Int Skills/Dance	4:00-4:50	Sr FreeSkate 1	5:55-6:10	Sr Strokings	9:50-10:05	Sr Skill/Dance	9:00-9:20	Jr Skills
4:20-5:05	Int FreeSkate	4:20-5:10	Jr/Int FreeSkate	4:50-5:00	Flood	6:10-6:20	Flood	10:05-10:20	Sr Strokings	9:20-10:05	Jr FreeSkate
5:05-5:20	Int Strokings	5:10-5:20	Jr/Int Strokings	5:00-5:45	Sr FreeSkate 2	6:20-6:45	Jr Dance/Skills	10:20-10:30	Flood	10:05-10:20	Jr Dance
5:20-5:30	Flood	5:20-5:30	Flood	5:45-6:10	Sr Skills/Dance	6:45-7:35	Jr FreeSkate	10:30-11:20	Sr FreeSkate 2	10:20-10:30	Jr Strokings
5:30-6:20	Jr FreeSkate	5:30-6:30	STAR Academy	6:10-6:20	Flood	7:35-7:50	Jr Strokings	11:20-11:30	Flood	10:30-10:40	Flood
6:20-6:40	Jr Skills/Dance	6:30-6:40	Flood	6:20-6:45	Int Dance/Skills			11:30-11:55	Int Skills/Dance	10:40-11:30	Sr FreeSkate 1
6:40-6:50	Jr Strokings	6:40-7:25	Int/Sr FreeSkate 1	7:45-7:35	Int FreeSkate	FRIDAY AM GLACIER		11:55-12:45	Int FreeSkate	11:30-11:50	Sr Skills/Dance
6:50-7:00	Flood	7:25-7:40	Int/Sr Skills/Dance	7:35-7:50	Int Strokings	6:30-7:00	Int/Sr Edge/Turn	12:45-1:00	Int Strokings	11:50-12:05	Sr. Strokings
7:00-7:20	Sr Skills/Dance	7:40-7:50	Flood			7:00-7:50	Int/Sr FreeSkate	1:00-1:10	Flood	12:05-12:15	Flood
7:20-8:20	Sr FreeSkate	7:50-8:35	Int/Sr FreeSkate 2					1:10-2:00	Jr FreeSkate	12:15-1:05	Sr FreeSkate 2
OFF ICE JUMP CLASSES		8:35-8:50	Int/Sr Strokings					2:00-2:25	Jr Skills/Dance	1:05-1:20	Flood
4:50-5:20	Junior							2:25-2:40	Jr Strokings	1:20-2:05	CANSKATE
5:30-6:00	Intermediate							2:40-2:50	Flood	2:05-2:15	Flood
6:10-6:50	Senior							2:50-3:50	STAR Academy	2:15-2:35	Int Skills
										2:35-3:20	Int FreeSkate
										3:20-3:35	Int Dance
										3:35-3:50	Int Strokings

Jr Skaters - Skaters working on STAR 1 - 4 tests

Int Skaters - Skaters passed the Junior Bronze/STAR 4 FreeSkate test

Sr Skaters - Skaters passed the complete Junior Silver FreeSkate test

Wednesday divisions - Jr/Int - Skaters not passed the complete Senior Bronze FreeSkate test

Int/Sr - Skaters passed the complete Senior Bronze FreeSkate test